

Monday Memory Meet-up at Seascale Community Library

**A social group supporting people living with memory issues
and their carers**



**Come along for coffee, cake and craic
and some informal reminiscence activities**

**Fortnightly - 31st Jan / 14th Feb/ 28th Feb/ 14th March
Time - 2.30 - 3.30pm
£1 per person towards refreshments**

**For more information contact: Activity@dignityindementia.org
or ring Gilli on 07835 879061**

With support from:



